

CPM Recertification
Application

# The Purpose of Recertification Requirements and Time Frames

The purpose of recertification is to encourage CPMs to enhance their knowledge and skills and to promote continued competence by requiring CPMs to demonstrate current levels of knowledge and skills.

To enhance knowledge and skills, NARM requires that CPMs complete continuing education hours and participate in peer review evaluations. Five hours of peer review, in one or more sessions, are required every three years. The continuing education requirements may be met by attaining at least 25 hours of accredited continuing education, or equivalent hours in documented alternatives as identified in the recertification application. The continuing education hours must be related to the field of midwifery, women's health, or the evaluation and care of the newborn. The enhanced competency is measured in the hours of continuing education credit that are received, which include measurable objectives and an assessment of learning outcomes.

In lieu of continuing education, a CPM may demonstrate continued competency by retaking the NARM Examination. The examination must be completed before the certification expiration date as indicated in the recertification application. A passing score on the NARM Examination must be acquired in order to demonstrate current competency for recertification.

Recertification must be documented and submitted every three years. The recertification application is due by the expiration date, which may be found on your certificate or by contacting the NARM Applications Department at applications@narm.org or 1-888-842-4784. The rationale for the three-year period is that the core competencies of midwifery do not change significantly on a yearly basis and an acknowledgment that continuing education opportunities are not always available locally on a yearly basis. Every CPM should be able to obtain the required continuing education every three years through attending at least one local, regional, or national workshop. Continuing education is also available online.

Applications for recertification received earlier than 90 days before expiration will not be accepted.

For purposes of NARM Recertification, NARM uses the term "CEU" to refer to required continuing education, which may be documented in hours or in units.

1 contact hour is equal to 0.1 units.

Some continuing education workshops verify attendance based on hours while some verify based on units. In most circumstances 55 minutes in a workshop equals one contact hour or 0.1 unit. For example, a continuing education certificate might grant 8 contact hours or .8 units for the same time frame. NARM requires a total of 25 contact hours of continuing education for recertification which may be documented in a combination of formats (contact hours or units).

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#### **Requirements for NARM Recertification**

- A total of 30 CEUs over three years are required for recertification, including:
  - 25 CEUs in continuing education available in a variety of categories;
  - Five mandatory CEUs in Peer Review participation or in a Peer Review workshop.
- Documentation of workshop, course, or module on cultural awareness within the last three years.
- CEUs must relate to the field of midwifery, women's health, or the evaluation and care of the newborn.
   NARM encourages CPMs to broaden their knowledge to include both allopathic and non-allopathic areas of study.
- The CPM must submit the material in its entirety for recertification, including:
  - Original Form 600 photocopies are not accepted;
  - · All items and requirements listed on Page 4;
  - Copies of all CEU certificates/documentation as stated on the application form.
- Maintain current certification in adult cardio-pulmonary resuscitation (CPR) and NRP as described in the NARM CIB.
  - To fulfill the NARM NRP requirement, CPMs/students must complete NRP Advanced (Lessons 1-11).

#### **Instructions for NARM Recertification**

- 1. Please read all the materials.
- 2. All information requested for recertification refers to peer reviews and CEUs completed over the past three years.
- 3. All forms must be filled out completely in English using black ink or typed.
- 4. Do not use white-out to make corrections. If you make an error, mark one line through it and initial.
- 5. Use **only** official NARM forms for all materials submitted. Do not create your own forms. Forms other than NARM forms will not be accepted.
- 6. Keep a copy of all recertification documentation for your records. If you require a copy of your application from NARM after submission, there is a \$25 fee for duplication.
- 7. Fees are payable by money order, certified check, or credit card; personal checks are not accepted. All fees must be paid in U.S. funds. If you wish to pay by credit card, you will receive an invoice by email with a direct link for credit card payment once your application has been received and logged in. All fees are non-refundable.

Send all documentation and fees to: NARM Recertification, P.O. Box 420, Summertown, TN 38483.

Applications mailed to other NARM offices will be returned.

#### **Incomplete Application Policy and Procedures**

If items are lacking from the recertification application and/or supporting documentation, the NARM Applications Department will contact the applicant with a deadline for submission of lacking items or incomplete forms. Submission should be made within two weeks, so that completion of recertification and issuance of certificates is not delayed. Applicants are given an opportunity to request an extension prior to their submission deadline. The fee for a recertification extension is \$55.

#### **Application Audits**

CPMs are randomly audited for quality assurance purposes. Documents required for random audits are Practice Guidelines, Emergency Care Form, Informed Disclosure document (given at initiation of care) and one example of an Informed Consent document (used for shared decision making during care). Audits require submission of documents within two weeks of notification.

### Recertification Form 600, page 1 of 11

All forms must be filled out completely in English in black ink or typed.

Name of Applicant:	Last 4 digits of SS #:
This page must be completed and included v Submit this original Form, all documentation	• • • • • • • • • • • • • • • • • • • •
not accepted. All fees must be made payable to to pay by credit card, you will receive an invoice application has been received and logged in. Th	r, certified check, or credit card; personal/business checks are NARM in U.S. funds. All fees are non-refundable. If you wish by email with a direct link for credit card payment once your ne recertification fee includes one CPM certificate and one items, please indicate below and include the appropriate fee.
☐ Please indicate which fee submitted:	
<ul><li>Recertification form postmarked before the \$210:</li></ul>	e date when the current certification period ends,
O Cashier's check or money order or	O Credit card payment
<ul><li>Recertification form postmarked within 90 \$265:</li></ul>	days after your expiration date,
O Cashier's check or money order or	O Credit card payment
<ul><li>Additional certificate and wallet card,</li><li>\$35:</li></ul>	
O Cashier's check or money order or	O Credit card payment
<ul><li>Additional certificate only,</li><li>\$25:</li></ul>	
O Cashier's check or money order or	○ Credit card payment
<ul><li>Additional wallet card only,</li><li>\$25:</li></ul>	
O Cashier's check or money order or	O Credit card payment
A copy of both sides of current, hands-on car signature on card.	dio-pulmonary resuscitation (CPR) certification with applicant's
$oldsymbol{\square}$ A copy of both sides of current, hands-on NR	P course completion card with applicant's signature.
Confirmation of at least 5 hours of Peer Revi	ew participation.
Indicate which option below:  ○ 25 hours of continuing education, submitte	ed on Form 600 with copies of all documentation required.
O Retake the NARM Examination; current re	take fee will apply.
I understand that I will not be recertified until I h	ave been notified by the NARM Applications Department.
Keep one copy of all Recertificat	ion Forms and documentation for your records.

Send all documentation and fees to:

NARM Recertification P.O. Box 420 Summertown, TN 38483

Applications mailed to other NARM offices will be returned.

Recertification Form 600, page 2 of 11

All forms must be filled out completely in English in black ink or typed.

First Name:	Last Name:	Middle Initial:
Please list any other n	ames on supporting documents:	
Have you registered w	rith NARM under any other name(s)?	
government issued ph	ith NARM, you must submit a copy of one ploto ID card; or submit two of the following dehange, marriage stating name change, or o	locuments: Social security card, divorce
Residence Address:		City:
		Country:
Mailing Address*:		City:
State/Province:	Postal Code:	Country:
*The address where you can Primary phone #:		y phone #:
		CPM #:
_	entry:	idwife
Of these births:	How many did you attend as the primary m	idwife?
		nding birth center?
	How many were transports from home/birth	
Would you describe yo	our client base as (check all that apply):	
How many hours of pe	er review did you attend in the past three y	ears?
What is the average n	umber of other midwives who participate in	peer review with you?
What is your usual fee	?	
Do you routinely work	with:  An assistant?  A student?	Another midwife?
Are you	?	e midwifery? what agency?
Do you get reimbursed	d by Medicaid? 🔲 Yes 🔲 No	
Do you get reimbursed	d by insurance? 🔲 Usually 🚨 Sometin	nes 🚨 Rarely 🚨 I don't submit
Are you currently prac	ticing midwifery? 🔲 Yes 🔲 No	
	red in:  Midwifery Education?  Midwifer you been practicing midwifery?	ry Research?  Midwifery Related Politics?
	ate my status as a NARM Registered Prece tors.) 🗖 Renew 🚨 Activate 🚨 I do not	ptor. (Attach appropriate form, available at plan to act as a preceptor for PEP students.
contacted for this infor NARM, please comple	onfirm the current status of a CPM, and date mation. If you wish for NARM to share your ate the Information Release Consent Form of dications Department upon request.	contact details with individuals contacting

## Recertification Form 600, page 3 of 11 All forms must be filled out completely in English in black ink or typed.

All forms must be filled out completely in English in black ink or typed.

Applicant's Name: \_\_\_\_\_\_ Date: \_\_\_\_\_

If you are submitting CEUs, use this form below to summarize those hours.

• Also complete and submit the additional forms, which itemize all CEUs received.

Description of CEUs	Maximum CEUs allowed	Number of CEUs	
<b>Category 1</b> : Class or coursework that is granted accredited CEUs in the field of midwifery, women's health, or the evaluation and care of the newborn.	25		
<b>Category 2</b> : Class or coursework in the field of midwifery, women's health, or the evaluation and care of the newborn without accredited CEUs.	10		
<b>Category 3</b> : Research, writing, and teaching related to the field of midwifery, women's health, or the evaluation and care of the newborn.	15		
<b>Category 4</b> : Documented self-study or life experience related to the field of midwifery, women's health, or the evaluation and care of the newborn.	5		
<b>Category 5</b> : Serving as a NARM item writer/subject matter expert (beyond workshop), participation in the NARM Accountability Process, and/or serving as a MANA DOR Statistics Reviewer or as a specified MEAC volunteer.	15		
Category 6: Filing statistics	10		
<b>Category 7</b> : Serving as a midwife in an out-of-country maternity center or clinic.	10		
Total number of CEUs submitted			

Affirmation of Honest Inter	nt of Representation:
I,	ways represent my practice, knowledge, skills,
Practice Guidelines; Emergency Care Form; Informed Disclosure Document (given at initiation of Informed Consent Documents (used for shared de	,.
I affirm and acknowledge my responsibility to keep each c client relationships.	of these items current and to utilize them in my
I also declare and affirm that the statements made in this and documents, are true, complete, and correct. I underst connection with my application may be cause for loss of connection.	and that any false or misleading information in
Signature of Applicant:	Date:

#### Recertification Form 600, page 4 of 11

All forms must be filled out completely in English in black ink or typed. If space is needed for further listings, please copy or reprint this page.

#### **CEU Worksheet for Category 1**

Applicant's Name:	Date:	

#### CEU Category 1; maximum 25 CEUs

Any class or course work that is granted accredited CEUs in the field of midwifery, women's health, or the evaluation and care of the newborn.

- CEUs must have been granted by an accrediting organization such as MEAC, ACOG, ACNM, AWHONN, AAFP, State Health Departments, Nursing or Perinatal Associations.
- CEUs taught by midwifery associations or non-accredited educational programs will **not count** unless accredited as CEUs by a third party.
- Fill out the required information below.

<ul> <li>Attach copies of CEU certificates vaccrediting agency, and number o</li> </ul>	which <b>must</b> include the title of the course, instructor signature, f credit hours.
Course Title:	
	r this course?
	ed this course?
	nce, program, etc.):
Date attended:	Instructor/sponsor:
Number of CEUs granted:	
Course Title:	
What organization approved credit fo	r this course?
What organization or group sponsore	ed this course?
	nce, program, etc.):
Date attended:	Instructor/sponsor:
Number of CEUs granted:	
Course Title:	
What organization approved credit fo	r this course?
What organization or group sponsore	ed this course?
Where attended (location of conferer	nce, program, etc.):
Date attended:	Instructor/sponsor:
Number of CEUs granted:	
Course Title:	
What organization approved credit fo	r this course?
	ed this course?
	nce, program, etc.):
	Instructor/sponsor:
Number of CEUs granted:	
	Total CEUs for Category 1:

Recertification Form 600, page 5 of 11

All forms must be filled out completely in English in black ink or typed. If space is needed for further listings, please copy or reprint this page.

### **CEU Worksheet for Category 2**

Applicant's Name:	Date:
	S (Recertification applications received before January 1, 2022
may use up to 20 CEUs in this category.)	
Course work or classes in the field of midw	rifery, women's health, or the evaluation and care of the
newborn without accredited CEUs.	
<ul> <li>Fill out the required information below.</li> </ul>	
<ul> <li>Include any available documentation of co instructor, or copy of work completed in co</li> </ul>	impletion (certificate of attendance, letter of verification from ourse).
Course Title:	
Where attended (location of conference, p	orogram, etc.):
	Instructor/sponsor:
Email or phone number of instructor:	
Number of CEUs (hours in course work):_	
Course Title:	
Where attended (location of conference, p	program, etc.):
	Instructor/sponsor:
Number of CEUs (hours in course work):_	
Where attended (location of conference, p	program, etc.):
	Instructor/sponsor:
Email or phone number of instructor:	
Number of CEUs (hours in course work):_	
Course Title:	
	program, etc.):
	Instructor/sponsor:
	·
Number of CEUs (hours in course work):_	
Where attended (location of conference, p	program, etc.):
	Instructor/sponsor:
	- · · · · · · · · · · · · · · · · · · ·
Number of CEUs (hours in course work):_	
	Total CEUs for Category 2:
	iolai obos ioi calegory 2.

#### Recertification Form 600, page 6 of 11

All forms must be filled out completely in English in black ink or typed. If space is needed for further listings, please copy or reprint this page.

#### **CEU Worksheet for Category 3, part 1**

Applicant's Name:	Date:
CEU Category 3; maximum 15 CE	Us in any combination
Part 1: Research and Writing related to the care of the newborn.	ne field of midwifery, women's health, or the evaluation and
• Fill out the required information below.	
Attach documentation to show your wor	rk.
<ul> <li>This may include your articles, thesis,</li> </ul>	papers, or a summary of each.
Research or Writing (Published): 1 CEU p	per 500 words published; <u>maximum 5 CEUs</u> .
Name of article:	
Date of publication:	Co-authors (if any):
Name of article:	
Name of publication:	
Date of publication:	Co-authors (if any):
Total	CEUs for Research or Writing (Published):
Research or Writing (Unpublished): 1 CE	U per 800 words written; <u>maximum 3 CEUs</u> .
Name of article, research paper, etc:	
	Date of response from publication:
Reason for non-publication:	
Co-authors (if any):	

Name of publication (if submitted):

Co-authors (if any):

Name of article, research paper, etc:

Reason for non-publication:

Date submitted for publication: \_\_\_\_\_ Date of response from publication: \_\_\_\_\_

Total CEUs for Research or Writing (Unpublished):

Recertification Form 600, page 7 of 11

All forms must be filled out completely in English in black ink or typed. If space is needed for further listings, please copy or reprint this page.

CEU Work	sneet for Category 3, part 2
Applicant's Name:	Date:
CEU Category 3; maximum 15 CE	Us in any combination
Part 2: Teaching related to the field of minewborn. This section is not intended fo <ul><li>Fill out the required information below</li></ul>	idwifery, women's health, or the evaluation and care of the r full-time teaching roles.
<b>Teaching: Childbirth Education Classes</b> of childbirth classes: 1 CEU per three hours	for your clients or others. CEU credit for preparation and teaching of teaching; maximum 5 CEUs.
Name of class:	
Number of classes taught:	Number of hours per class:
Dates of classes:	
Name of class:	
Number of classes taught:	Number of hours per class:
Dates of classes:	
Total CEUs fo	or Teaching: Childbirth Education Classes:
conferences, medical or nursing school hour of teaching, no credit for multiple presemaximum 5 CEUs.	on Classes; such as state, regional, or national midwifery presentations, high school presentations, etc. One credit per entations of same topic within a three year period;
Name of presentation:	
Description of audience and sponsoring org	ganization:
Name of presentation:	
·	
. ,	ganization:
Total CEUs for Teaching	: Other than Childbirth Education Classes:

Total CEUs for Category 3 (from pages 6 and 7, maximum 15 CEUs):

Recertification Form 600, page 8 of 11

All forms must be filled out completely in English in black ink or typed. If space is needed for further listings, please copy or reprint this page.

### **CEU Worksheet for Category 4 and 5**

Applicant's Name:	Date:
CEU Category 4; maximum 5 CEUs	
<ul> <li>Self-study or life experience related to the field of recare of the newborn.</li> <li>Fill out the required information below.</li> <li>Include all of the following:</li> <li>Any documentation you have of your work in this</li> <li>Attach a typed statement describing at least thre met, and your bibliography.</li> </ul>	course (i.e. certificate of completion) e learning objectives, how each learning objective was
Description of your self-study/life experience course:	
<ul> <li>Each hour of self-study earns one hour of CEU</li> <li>Every two hours of life experience earns one hour</li> </ul>	
	Total CEUs for life experience:
	Total CEUs for Category 4:
CEU Category 5; maximum 15 CEUs total; Serving in a Volunteer Capacity:  NARM Item Writer or Subject Matter Expert (beyond w NARM; maximum 5 CEUs.  Describe activity:	orkshop): Include any documentation or letter from
Total CEUS for Item	Writer or Subject Matter Expert:
Participation in the NARM Accountability Process: Inclumaximum 5 CEUs.	ude a copy of letter or certificate from NARM;
Total CEUS fo	r NARM Accountability Process:
Serving as a MANA DOR Statistics Reviewer: Include  Total CEUS for	any documentation available; maximum 5 CEUs.  MANA DOR Statistics Reviewer:
· ·	creditation Council (MEAC) as a CEU reviewer or as an cial certificate from MEAC verifying category and hours;
	Total CEUS for MEAC volunteer:
	Total CEUs for Category 5:

## Recertification Form 600, page 9 of 11 All forms must be filled out completely in English in black ink or typed.

#### **CEU Worksheet for Category 6 and 7**

Applicant's Name:	Date:
CEU Category 6; maximum 10 (	
	Division of Research (DOR) or the AABC Perinatal Data Registry
	cs Project midwife code or Perinatal Data Registry username. For nan verification will be shared with NARM.
<ul> <li>You will receive one CEU for each te</li> </ul>	n statistics forms submitted.
Number of statistics forms filed in thi	• — —
Midwife code or number for MANA/F	
	Total CEUs for Category 6:
CEU Category 7; maximum 10 (	CEUs
Service in an Out-Of-Country (OOC) m	aternity center or clinic.
•	CEUs for services in a maternity center or clinic outside of the United rving in an OOC clinical site, NARM recommends taking a cultural
Services may be in any role (observen)	er, assist or primary) for prenatal exams, births or postpartum exams.
Service must occur during the three	years prior to submitting the recertification application.
<ul> <li>Service should include volunteer ser</li> </ul>	vice for a minimum of five days.
<ul> <li>Five credit hours/CEUs will be grante</li> </ul>	ed for each five days of service.
To submit CEUs, complete the section be	· ·
	n the Clinic Director or Administrator detailing dates of service.
•	Administrator may email NARM directly at applications@narm.org.
. •	d any learning outcomes achieved during service.
Five day period from:	
Name of OOC center/clinic:	
Clinic Director or Administrator:	
Email of Clinic Director or Administrator:	
Five day period from:	to:
Name of OOC center/clinic:	
	Total CEUs for Category 7:

## Recertification Form 600, page 10 of 11 All forms must be filled out completely in English in black ink or typed.

### **CEU Worksheet for Peer Review**

Applicant's Name:				[	Date:		
Peer Review Participation,     One hour of credit is earned for a minimum of three midwives     Complete the chart below.	or each hour	spent in p	eer revie				
Date of peer review							
Number of participants							
Number of cases presented							
Number of hours							
	-	Total Pe	er Reviev	w Partici	pation ho	ours:	-

June 2023

## Recertification Form 600, page 11 of 11 All forms must be filled out completely in English in black ink or typed.

### Documentation of Cardio-Pulmonary Resuscitation (CPR) Certification, **Neonatal Resuscitation Course Completion and Cultural Awareness Requirement**

Applicant's Name:	Date:
Cardio-Pulmonary Resuscitation (CPR) Certification:	
<ul> <li>All recertifying CPMs must submit a copy of the front a resuscitation (CPR) card.</li> </ul>	and back of their current cardio-pulmonary
<ul> <li>All courses must include hands-on skills.</li> </ul>	
<ul> <li>Online only courses are not accepted.</li> </ul>	
<ul> <li>Approved cardio-pulmonary resuscitation (CPR) cours Red Cross.</li> </ul>	es include the American Heart Association and the
Please indicate which of the following cardio-pulmon enclosed cardio-pulmonary resuscitation (CPR) docu	` , ;
American Heart Association	
☐ Red Cross	
☐ Other:	
Expiration date on card:	
Neonatal Resuscitation Course Completion Card:	
• All recertifying CPMs must submit a copy of the front and back of their current neonatal resuscitation card.	
All courses must include hands-on skills.	
<ul> <li>Online only courses are not accepted.</li> </ul>	
<ul> <li>Neonatal resuscitation courses must be approved by the American Academy of Pediatrics, the Canadian Paediatric Society, or pre-approved by NARM. Courses must be approved for use in the U.S. or Canada.</li> </ul>	
Please indicate which of the following neonatal resus neonatal resuscitation documentation:	scitation course providers issued the enclosed
☐ American Academy of Pediatrics	
Canadian Paediatric Society	
☐ Other:	
Expiration date on card:	
Cultural Awareness Requirement:	
<ul> <li>All recertifying CPMs must submit documentation of a within the last three years.</li> </ul>	workshop, course, or module on cultural awareness
A certificate of completion/attendance or CEU certifica	te must be included.
<ul> <li>If the course was awarded CEUs by an accrediting org</li> </ul>	ganization, CEUs may be counted below.
Course Title:	
Provider/organization name:	
Where attended (location of conference, workshop, etc.):	
Date attended:	
Number of CEUs granted:	